Dear Parent of Provo High Student,

The David O. McKay School of Education at Brigham Young University in conjunction with Provo High School is requesting your participation in an important survey to gather information regarding adolescent sport participation and adolescent resilience (ability to positively overcome or recover from adversity or stress). Participation in the survey by you and your adolescent is completely voluntary and should take no longer than 10 minutes of your time. **Upon completion of the survey, you and your adolescent can each enter your email addresses into a drawing to be randomly selected for 1 of 10 \$50.00 Amazon gift-cards with a 3% chance of winning.**

The information provided in this survey is completely anonymous and extremely important to a current research project. Your participation in this effort is greatly appreciated.

If you and your child would like to participate in this survey, please click on this link:

https://byu.az1.qualtrics.com/jfe/form/SV_bK7euiADimE6J7g

Thank You, Rory Waldman, M.A. Counseling Psychology Doctorate Student David O. McKay School of Education

Paul Caldarella, Ph.D. Professor David O. McKay School of Education