

# Provo High School Sterling Scholar Program

**Suggested Requirements and Expectations**

# What's it all about

The purpose of the Sterling Scholar Program is to publicly recognize and encourage excellence in scholarship, leadership and citizenship in Provo High School Students.

The program is sponsored by KLS and the Deseret News and students are judged according to their scholarship, leadership and citizenship abilities, represented in a well organized and thoughtful portfolio.

# Sterling Scholar has 14 different categories for students to consider.

ENGLISH  
MATHEMATICS  
SOCIAL SCIENCE  
SCIENCE  
WORLD LANGUAGES  
COMPUTER TECHNOLOGY  
SKILLED & TECHNICAL EDUCATION

FAMILY & CONSUMER SCIENCE  
BUSINESS & MARKETING  
SPEECH/THEATER ARTS/FORENSICS  
VOCAL PERFORMANCE  
VISUAL ARTS  
INSTRUMENTAL MUSIC  
DANCE

# Basic Requirements

## WHAT SHOULD A STUDENT STRIVE FOR IF THEY WANT TO BE CONSIDERED

- Take as many classes as you can in the areas you want to be considered for
- Maintain a high GPA, ACT and class standing
- Participate in extracurricular activities both in the high school and in your community
- Look for summer opportunities for leadership camps, workshops, internships, and competitions
- Initiate service projects in your community, through school, church or other organizations

# Winning Requirements

## WHAT DOES IT ACTUALLY TAKE TO WIN

- Each category has it's own winning formula and of course the judges change from year to year, but the more knowledge, experience and course work you have in a category area the better your chances are.
- Community Service is also plays a large role and if you are able to lead a group in community service that also contributes to your ability to go all the way.

# Mathematics

- HAVE COMPLETED AT LEAST 4 YEARS OF MATH
- BE IN AP CALCULUS BC
- ACT MATH SCORE ABOVE

30

# English

- STUDENT SHOULD BE IN AP, CE, OR DE ENGLISH
- HAVE A MINIMUM GPA OF 3.8
- ACT SCORES IN ENGLISH AND READING SHOULD BE ABOVE 28
- HAVE ENGLISH ELECTIVE COURSES ON THEIR TRANSCRIPT

# Social Science

- HAVE ATTENDED BOYS/GIRLS STATE
- 20 OR MORE HOURS OF COMMUNITY SERVICE
- PARTICIPATE IN STUDENT GOVERNMENT OR YOUTH CITY COUNCILS
- HAVE MINIMUM GPA OF 3.5 AND ACT OF 26
- BE IN THE TOP 20% OF YOUR CLASS
- HAVE AP, CE, DE SOCIAL STUDIES CLASSES
- SERVE IN LEADERSHIP POSITIONS IN SCHOOL CLUBS, CHURCH ORGANIZATIONS, SPORTS TEAMS, ETC.
- HAVE A GOOD KNOWLEDGE OF CURRENT EVENTS

# Science

- MINIMUM GPA OF 3.8
- ACT SCORE IN SCIENCE ABOVE 30
- HAVE TAKEN OR CURRENTLY IN 2 OR MORE AP, CE, DE SCIENCE CLASSES

# Computer Technology

- MINIMUM GPA OF 3.5, ACT ABOVE 26
- MULTIPLE COMPUTER PROGRAMMING CLASSES
- INTERNSHIP OR COMMUNITY SERVICE IN COMPUTER TECHNOLOGY
- MUST BE ABLE TO DEMONSTRATE SKILLS IN INTERVIEW

# World Language

- MUST BE IN A 4TH, 5TH OR AP WORLD LANGUAGE CLASS OR HAVE THE COMPARATIVE KNOWLEDGE
- MINIMUM GPA OF 3.5 AND ACT ABOVE 26
- HAVE EXPERIENCE USING STUDIED LANGUAGE OUTSIDE THE CLASSROOM IN A REAL-LIFE SITUATION
- MUST HAVE THE ABILITY TO CONDUCT THEIR INTERVIEW IN THE TARGET LANGUAGE

## *Skilled and Technical Education*

- HAVE CREATIVITY IN YOUR PORTFOLIO
- MINIMUM GPA OF 3.5, ACT ABOVE 26
- PARTICIPATION IN COMPETITIVE EVENTS
- PARTICIPATE IN COMMUNITY SERVICE AND INTERNSHIP
- BE ABLE TO REPRESENT THEIR WORK IN THEIR PORTFOLIO AND SHOW THE DEPTH AND BREADTH OF THEIR KNOWLEDGE WITH CTE

## *Family & Consumer Science*

- MINIMUM GPA OF 3.5 AND ACT OF ABOVE 24
- HAVE A VARIETY OF FACS CLASSES ON THEIR TRANSCRIPT
- BE PART OF FCCLA AND DEMONSTRATE LEADERSHIP IN ORGANIZATION AND SCHOOL ACTIVITIES
- COMMUNITY SERVICE THROUGH SCHOOL, CHURCH, AND COMMUNITY
- HAVE PARTICIPATED IN FCCLA COMPETITIONS

# BUSINESS & MARKETING

- Be a member of FBLA or DECA
- participated in competitions
- Hold a leadership position in FBLA or DECA
- Minimum GPA of 3.5 and ACT of 26
- Have completed or are working in an Internship
- Seeking a career in Business and/or Marketing
- Participated in service activities using your business/marketing skills
- Hold certifications in your business/marketing courses completed
- To have attended school related business conferences is helpful

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# SPEECH/THEATER ARTS/FORENSICS

- Actively involved in drama/theater program
- Minimum GPA of 3.5 and ACT above 24
- Must have at least 2 years of drama throughout high school, more is preferred
- Have drama experience outside of high school is also helpful
- Candidates must have a 2-3 minute monologue ready to perform for the judges, and in costume is preferable



# Vocal Performance

- MINIMUM GPA OF 3.5 AND ACT ABOVE 26
- HAVE PARTICIPATED IN VOCAL PERFORMANCE GROUPS INSIDE AND OUTSIDE OF SCHOOL FOR AT LEAST 2 YEARS.
- BE ABLE TO DEMONSTRATE KNOWLEDGE IN VOCAL PERFORMANCE AND OTHER AREAS SUCH AS MUSIC THEORY, MUSIC HISTORY, COMPOSERS, ETC.
- WILL BE REQUIRED TO GIVE A 2-3 MINUTE VOCAL PERFORMANCE

# Visual Arts

- MINIMUM GPA OF 3.5 AND ACT ABOVE 26
- BE ABLE TO SHOW ORIGINAL WORKS THROUGH PORTFOLIO
- WORK SHOULD SHOW CREATIVITY
- PARTICIPATE IN NAHS AND IF POSSIBLE HOLD LEADERSHIP ROLES
- PARTICIPATE IN ARTCETERA EXHIBITS AND SERVICE
- BE ABLE TO SHOW THE PROCESS OF THEIR WORK

# Instrumental Music

- MINIMUM GPA OF 3.5 AND ACT OF 26
- HAVE PARTICIPATED IN THE HIGH SCHOOL MUSIC PROGRAMS FOR 4 YEARS.
- HAVE PARTICIPATED IN MUSIC OUTSIDE OF THE SCHOOL SETTING
- HAVE A KNOWLEDGE OF MUSIC THEORY, MUSIC HISTORY, COMPOSERS, AND TECHNIQUE IN YOUR INSTRUMENT
- BE PREPARED WITH A 2-3 MINUTE MUSICAL NUMBER TO PERFORM

# Dance

- MINIMUM GPA OF 3.5 AND ACT OF 26
- HAVE PARTICIPATED IN DANCE AT PROVO HIGH AS WELL AS OUTSIDE HIGH SCHOOL
- BE PREPARED TO PERFORM A 3 MINUTE SELF-CHOREOGRAPHED ROUTINE FOR THE JUDGES

# Qualitative Requirements for all areas

**Though each area has its own expertise, every Sterling Scholar Candidate should show Leadership and Citizenship**

Leadership can come from school clubs/organizations, church organizations, etc.

Citizenship is based on community service and every student will be judged on their community service which again can come from school clubs/organizations as well as church organizations, and social organizations.

The important thing is to document everything you are doing so you can demonstrate these qualities in your portfolio. Take pictures of every community service you perform and every leadership event you are over. Write short journal entries for each activity as well documenting the experience and any deep impressions you are left with at the end.

# Candidate Expectations

## **DEADLINES**

The deadlines for Sterling Scholar are strict. You need to make sure you are paying attention to the deadlines and showing up for everything you are supposed to.

## **THE PORTFOLIO**

The competition begins with a student's portfolio. The sooner you start uploading portfolio materials, the more time the judges have to get to know you and what you are about. Don't wait to the last minute to upload your portfolio.

## **OUR REGION**

We are in the Wasatch Region which includes Utah and Salt Lake Counties.

## **THE COMPETITION**

The competition for our Region consists of the student's portfolio and then a series of interviews in and around the Salt Lake area. Students are expected to attend their interviews on time, no exceptions.

In the end it's what you put into your high school experience that will help you become the best Sterling Scholar Candidate for the school and for our region.

Get involved in high school clubs, sports, find your passion, and then  
"Go For It!"