Welcome to your 9th Grade CCR Conference. This CCR (College and Career Readiness) packet is designed to give you information about your choices in high school and beyond and to help you become “college and career ready”. Your path through high school will be different than anyone else’s path and should be unique because your talents and goals are different.

One of the key things to remember about high school and all of your options is that you cannot do everything. Sometimes you have to choose between many good things. There are many GREAT options; there may be more than one. Make the best plan you can – adjust along the way – and most of all ENJOY THE JOURNEY!

LEAVE SCHOOL WITH MORE THAN A DIPLOMA...

...LEAVE WITH A PLAN!
“Ooops! I got behind in credits in the 9th grade! I want to get caught up so I can have good skills and graduate. My future will be so much better if I get my diploma – so I will get on top of my grades and not lose any more credit!”

**PLAN --- PREPARE----ACHIEVE**

**CREDIT RECOVERY TIPS:**

“**First thing** I should do is talk to my teacher to see what I need to do to be caught up on current grades.

The **next thing** I should do is talk to my counselor to find out how to make up the credits I lost.”

**THE MOST IMPORTANT THING IS TO ESTABLISH GOOD STUDY HABITS SO I CAN BE SUCCESSFUL FOR THE REST OF HIGH SCHOOL!**

**Independence High School**

636 Independence Ave Provo, Utah
Telephone # (801)374-4920

Students can make up credit through Independence High School packets. Registration fee is $25, plus $15 per packet. Each packet is equal to .25 credit recovery.

In order to be eligible to receive a Provo High School diploma a student can do no more than 4 academic packets or 1.0 credit.

https://sites.google.com/site/independenc highcats/

See your counselor for packet referrals!!

**Home Study Hours Sept – May**
- Tues 2:00-7:00 pm
- Thurs 2:00-6:00 pm

**Home Study Hours June - Aug**
- Mon & Wed 9:00-12:00 am

**Provo School District E-School**

Credit Recovery Cost is $35 per .25 credit or $60 per .5 credit
Regular Credit is free

Provo School District E-School offers a large variety of classes that are offered on-line for regular credit or credit recovery

**You must meet with your counselor for a referral**

280 W. 940 No Provo, Utah
Student Services (801) 374-4810
Email: eschool@provo.edu
GET AHEAD--OR--MAKE UP HIGH SCHOOL CREDITS

BYU INDEPENDENT STUDY

Average cost per 0.5 credit is $128
High school credit will transfer from most work done in 9-12

A large variety of classes are available online or through mail-in-packets. Check with your school counselor if you are looking for specific credits.

Website: is.byu.edu
Call: 801-422-2868
Email: indstudy@byu.edu

Electronic High School (EHS)
EHS is an open enrollment system over the internet that offers a variety of courses. Classes are offered FREE to all Utah high school students (grades 9-12) Classes are sponsored by the Utah State Office of Education (USOE) and are fully accredited with all Utah school districts. Students should be motivated enough to work on their own with minimum supervision.

schools.utah.gov/ehs
Call 801-538-7564
See Your Counselor for More Information
Must take test each quarter credit
Pay $10.00 to Business Office Andres Betts Proctor

Specialized Services
Special Education Services (Learning Skills)
504 Accommodations
ELL (English Language Learner Classes)
Math Support (SM1 & SM2)

Summer School 2 Options
Provo School District
Registration: Independent High School
Cost: Varies each year
PHS $60 per .25 credit
Where: Independence High School

To register meet with your counselor!
You can get lots of occupational preparation in CTE courses right in your high school. Check out phs.provo.edu under the Counseling Scholarship tab to make sure you are taking the prerequisites.

Consider Completing a College and Career Pathway
Ask Your Counselor for more information

Mountainland Applied Technology College (MATC)

www.mlatc.edu
Phone: 801-753-6282
Locations in American Fork, Orem, Spanish Fork, and Thanksgiving Point

Automotive Tech/Small Engines
Business Technician
CNA Nursing Assistant
Composite Materials Technology
Cosmetology/Esthetician
Culinary Arts I and II
Dental Assisting
Dental Office Administration
Diesel Mechanics
EMT
Information Technology

Machining
Medical Assistant
Medical Coding
Medical Office Administration
Nail Technician
Pharmacy Technician
Phlebotomy
Pipe Welding
Practical Nurse
Vehicle Safety Inspection
Welding

Contact your school Counselor or Ms. Decker for more information
Go online for current updates. Check out great summer programs. Earn college credit.

*Learn Specific Job skills
*Earns advanced studies credit
*Spend ½ day at MATC and ½ day at PHS *Skill certifications & state licensures
(You must be a Junior or Senior)
GETTING CAREER SKILLS WHILE IN HIGH SCHOOL

**INTERNSHIPS**
Put classroom theory into action!
Explore your career options in a particular field of work. Interns work with an employer for a specified period of time to explore career skills in a single occupation or area of emphasis.

* 11th or 12th grade or summertime
* Covers 2 periods in your schedule
* Take prerequisite pathway courses
* Have a B average
* Earns elective credit at PHS

Examples: UVRMC, PSD Elementary Schools, Provo City, D Murdock Travel, Vet Clinic, Beauty Salon, Computer Businesses and Thanksgiving Point

See your Counselor or Ms. Parker for more information on how to participate in an internship!

Remember Internships can also count as CTE credit towards Graduation Requirements.

**COSMETOLOGY OR OTHER SPECIALTY SCHOOLS**
- Attend Cosmetology School in 12th grade at the MATC or a private school
- Provo School District pays up to $2000 tuition
- Receive Elective Credit
- Finish all required classes in 11th grade to make room for full day Cosmetology experience in 12th grade
- Plan ahead with your counselor ASAP
- Register with Mrs. Parker
- Attend at Dallas Roberts, Bon Losee, or Von Curtis

**Apprenticeships**
Earn While You Learn!

You learn and work as an employee so there is a paycheck while you are training. Call the MATC for more information at 801-753-6268
See Ms. Parker
www.utahtraining.org

**Work Based Learning**
Get credit for having a job! Must have prior approval from Ms. Parker
EARN COLLEGE CREDITS IN HIGH SCHOOL

CONCURRENT ENROLLMENT

Concurrent Enrollment is a collaborative program between Utah Valley University and the Provo City School District where students take selected high school courses earning both high school and college credit. The grade(s) earned create permanent high school and college transcripts.

Who is eligible to participate?

Junior or senior students with a cumulative GPA of 3.0 in academic courses, 2.0 in Career and Technical courses
Sophomore students by exception (check with your high school counselor)

- Parent and high school permission needed
- English and Math require prerequisite classes

$35 admission fee, $5 per credit
UVU credit is transferable to all colleges in Utah (BYU – some credits are elective)

Changes occur in what classes give concurrent credit. Check with your high school counselor or concurrent enrollment coordinator yearly.

ADVANCED Classes at BYU or UVU
Register for academic courses at BYU or advanced vocational courses at UVU (after finishing Pathway courses at PHS)
*Take classes during day or evening
*Receive both college & PHS credit
*Student must pay own tuition
*For BYU, student must have 3.6 GPA
*2 college credit hours = 1 PHS period
*Work with Mrs. Marshall to get UVU admission forms & arrange class schedule

ADVANCED PLACEMENT
Advanced Placement (AP) classes are college level classes whose curriculum follows a national standard. Students earn a high school grade. College “test” credit may be awarded based on student performance on a standardized exam. Students can opt to pay a fee to take the exam in the spring.

*Take Honors courses as prerequisites
*Nationally administered exam in May
*$86 per AP exam
*Receive 6-12 college credits
19 AP classes at PHS

UVU DISTANCE LEARNING
High school Junior and Senior students can also participate in Concurrent Enrollment Distance Education. These courses are taught by a UVU Professor and broadcast in real-time to our high school classroom B1-6. A live college experience is gained in this environment where students follow the UVU calendar on a M,W,F and T, Th schedule earning General Education college credit. UVU credit is transferable to all colleges in Utah. For courses available, check phs.provo.edu

www.uvu.edu/concurrent
SCHOLARSHIPS & FINANCIAL AID

What do colleges look at?
Admissions officers consider these factors in roughly the following order of importance:

1. GPA/difficulty of curriculum the student has taken
2. ACT or SAT test scores
3. Class Rank
4. Involvement in Extracurricular Activities
5. Recommendations

How do I find scholarships?

Check out scholarships early. Know what the requirements are so you can start working on them. If you know what university or college you are going to, visit their financial aid website and keep track of the kinds of scholarships they offer and when applications are due. In addition to scholarships, there are lots of other ways to pay for college, including Pell Grants, Loans, and working a job.

Be sure to register for PLAN, PSAT, & ACT prep tests. Also maintain a high GPA in Univ. Prep classes. An internship or other career training will help too.

Start a folder to keep a list of all the extra-curricular activities you are involved in including sports, clubs, and community service. Make sure to record the events, dates, hours donated and names of supervisors/coaches etc.

Visit the Provo website, click the Counseling-Register Tab, click Scholarship on the bottom of the page to research the Scholarship Booklet and to create your Scholarship Master Application www.phs.provo.edu

Meet with Mrs. Betts in the College/Career Center!

Other helpful websites:

| Utahfutures.org | Zinch.com | Mycollegedollars.com |
| Collegegreenlight.com | Scholar-box.com | Scholarships.com |
| Collegeboard.org | Fafsa.ed.gov | Scholarshipexperts.com |
Regents’ Scholarships to plan for now! New Century

“Data shows that students who take a more rigorous core curriculum in high school are more likely to go to college, do well in their classes, and graduate sooner” (Richard Kendell, Commissioner of Higher Education)

**Regents’ Scholarship Course Requirements**

- 4 years of English
- 3.5 years of social science
- 2 years of foreign language (other than English)
- 4 years of progressive math
- 3 years of lab-based natural science (Biology, Chemistry, and Physics)
- Be a U.S. Citizen

**Base Regents’ Scholarship**

1. $TBA to a public Utah college or university, BYU and Westminster (up to $1,000)
2. Cumulative 3.0 GPA
3. Have an ACT score
4. Have no individual grade lower than a “C” in the required core courses

**Regents’ Exemplary Academic Achievement Scholarship**

1. $TBA to a public Utah college or university, BYU or Westminster (up to $5,000)
2. Cumulative 3.5 GPA
3. ACT score of 26
4. Have to grade lower than a “B” in the required core courses

**New Century Scholarship**

1. $TBA to a qualifying Utah college or university (up to $5,000)
2. Awarded to students who earn an associate’s degree or the approved math and science curriculum, with a 3.5 cumulative high school GPA and a 3.0 cumulative college GPA.
3. ACT score of 26
4. *This is a scholarship that students earn, not win. It is for those who have an idea of what degree they are pursuing and who can balance required academic rigor with extracurricular activities. See your counselor soon if you are interested in planning for this scholarship!*

**NOTE: Amounts and requirements vary regularly. For updated, accurate information visit the website.**

(www.higheredutah.org/scholarship_info)

Planning on Regents’ Scholarship? – Put Regents on top of your purple 4-year planning sheet
Planning on New Century? – Put New Century on top of your purple 4-year planning sheet
**EARLY GRADUATION SCHOLARSHIP**

*Receive $1000 for graduating one year early & $500 for half a year early

*Must use scholarship at a Utah college within one year of graduation

*Use Home study, Summer school, & Internship to finish credits early

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**NEW CENTURY SCHOLARSHIP**

*Graduate with Associates Degree by the end of high school – Sept. 1

*Receive $1100/semester tuition scholarships for next two years of Bachelor’s degree in Utah

*Meet with counselor or Mrs. Marshall ASAP to plan 11th & 12th grade college credit classes

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**NCAA Eligibility for Athletics**

Did you know you **have** to be NCAA qualified to play sports in college?

**NCAA Academic Standards Include:**

*Graduate from High School

*Achieve a satisfactory index score between ACT & GPA

*Complete 16 University Prep courses

*Pass college entrance exams

Go online to see PHS eligible classes: [www.eligibilitycenter.org](http://www.eligibilitycenter.org) Click “Enter Here”, then “Resources” tab, and click “U.S. Student” then “List of NCAA Courses” and enter 450325 for Provo High. Check with Mrs. Andrea Betts in the College & Career Center for more info.
MILITARY – DRIVERS ED – USEFUL INFORMATION

Great Websites:
- www.utahfutures.org
  Includes many features such as practice ACT tests
- www.actstudent.org
  Practice tests and register for the ACT test
- www.jobs.utah.gov
- www.collegeboard.org
  AP information and ACT and SAT prep tests!
- www.bigfuture.collegeboard.org
  Find colleges, pay for college, and make a plan!
- www.Careers.utah.gov
- www.uvu.edu/concurrent
  Webpage to enroll for concurrent enrollment classes
- mappingyourfuture.org
- driveofyourlife.org
  Test drive careers for the one and only you!
- www.shmoop.com
  Free ACT/Plan Prep! Go to Provo High and use “ARCHES” for the Magic Word passcode.

Military Career?
- www.todaysmilitary.com
  You no longer have to choose between the military or college-now it can be both!
*For academies & Univ ROTC, take Univ. Prep courses and computer classes
*Work hard in Math/Science
Maintain physical fitness & give service
Meet with recruiters at PHS
Enroll in Air Force Jr ROTC
Take the ASVAB in your junior year.

Driver’s Ed Information
- Sign up on line at http://www.phs.provo.edu
  Go to “Academics & Clubs” tab then scroll down to “Driver’s Education”

You must be at least 15 years old and have a learner’s permit.

LIVE CLASSROOM or ONLINE
Fee is $140

For questions contact Wendy Bills:
801-362-3373 or email wendybills@hotmail.com

DID YOU KNOW?
⇒ 9 out of every 10 women will work more than 30 years.
⇒ 94% of men will work more than 40 years.
⇒ 3 out of every 4 jobs will require some training past high school.
⇒ The fastest growing segment of the workforce is for jobs requiring some form of technical training or degree, but not requiring a four-year college degree.

In ten years – you will be ten years older! You all have the same number of days in those ten years! Will you be on the road to reaching your dream?
1. Go to your PowerSchool account from the drop down menu choose CCR/SEOP page at the bottom of the page in the pink box.

2. Enter login information, create a new account or use browse Utahfutures feature.

UtahFutures can help you answer…

- What should I study?
- How do I get a Job?
- Which occupation pays the most?
- How can I get money for school?
- Where should I go to school?

UtahFutures Has

- Info on occupations, education, and financial aid
- Self-assessments to help you decide your direction
- A portfolio and course planner to save information and store results
- Job search hints and a resume creator
- …Plus much more
<table>
<thead>
<tr>
<th>Graduation Requirements</th>
<th>Credits</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>English Core (E)</td>
<td>3 Credits</td>
<td>One class 3 or the 4 years</td>
</tr>
<tr>
<td>Language Arts</td>
<td>1 Credit</td>
<td>Can be covered by Core or Elective English</td>
</tr>
<tr>
<td>Mathematics (M)</td>
<td>3 Credits</td>
<td>All students must complete 3 years of math in High School (Secondary Math 1 and higher)</td>
</tr>
<tr>
<td>Science (BS,PS)</td>
<td>3 Credits</td>
<td>1 biological science: Biology, Bio Ag Science, Human Bio&lt;br&gt;1 physical science: Earth Science (9th grade only), Physics, Chemistry&lt;br&gt;1 additional science</td>
</tr>
<tr>
<td>Computer Technology (CT)</td>
<td>.5 Credits</td>
<td>Recommended in the 9th grade</td>
</tr>
<tr>
<td>Social Studies (G, WC, US, GOV)</td>
<td>2.5 Credits</td>
<td>.5 Geography or Geography Honors (9th grade)&lt;br&gt;.5 World Civilizations (10th grade)&lt;br&gt;.5 US Government and Citizenship (12th grade)&lt;br&gt;1 US History or AP US History (11th grade)&lt;br&gt;Other options: 1 AP Human Geography (9th grade)&lt;br&gt;1 AP US Government (12th grade)</td>
</tr>
<tr>
<td>Health (H)</td>
<td>.5 Credits</td>
<td>Recommended in the 10th grade. One year of Medical Anatomy and Physiology Honors will waive the Health requirement.</td>
</tr>
<tr>
<td>Financial Literacy (FL)</td>
<td>.5 Credits</td>
<td>11th or 12th grade</td>
</tr>
<tr>
<td>Physical Education (PES, PEF, PE)</td>
<td>1.5 Credits</td>
<td>.5 Participation &amp; Skills (9th grade), can be covered by playing a Team Sport&lt;br&gt;.5 Fitness for Life (10th grade)&lt;br&gt;.5 PE Elective: RBT, Weight Training, Team Sports</td>
</tr>
<tr>
<td>Fine Arts (FA)</td>
<td>1.5 Credits</td>
<td>Music, Drama, Art, and Dance</td>
</tr>
<tr>
<td>Career &amp; Technical Ed (CTE) (PA)</td>
<td>1 Credit</td>
<td>Technology, Business, and Family &amp; Consumer Science</td>
</tr>
<tr>
<td>Electives (EL)</td>
<td>9 Credits</td>
<td>18 semester classes of student’s choice</td>
</tr>
<tr>
<td><strong>Total Credits Required:</strong></td>
<td><strong>27</strong></td>
<td>Credits: 1 credit = 1 year; .5 credits = 1 semester</td>
</tr>
</tbody>
</table>
PROVO HIGH SCHOOL CLUBS
Get involved!

ASL (American Sign Language) Practice your signing skills! (Auman)
Badminton Play with other fellow Badmintoners! (Pierce)
BBQers Who doesn’t like to barbecue? (Hansen)
Best Buddies (Peer Tutoring) Help your peers succeed! (Agde)
Breakfast Club Enjoy breakfast with friends! (Mcevoy)
Conspiracy Theory Discuss the conspiracies out there! (Wiederhold)
Curly Hair Club You only need to have some curly hair to join! (Pierce)
DECA – Distributive Education Clubs of America International business club (marketing, finance, and entrepreneurship) (Eady)
Equestrian Embassy Calling all horse lovers and riders! (Rutter)
FBLA – Future Business leaders of America For those interested in being a business leader (Lassen)
FCCLA – Family Consumer Career Leadership cooking, sewing, etc. (Cluff/Williams)
FFA – Future Farmers of America Interested in agriculture? (Hansen)
French Authors Network For those who love books and reading (Pierce)
Fresh Friday Everyone dresses the same on a certain day! (Smith)
Gamers Love video games??! (Aragon)
Gay Straight Alliance Help promote equality! (Ricci)
German Like speaking German? (Shaw)
HOSA Health Occupation Sciences For those interested in health careers! (Francis/Rasmussen)
Latin Interested in learning the Latin language? (Shaw)
Latino For Latinos and anyone interested in the Latino culture! (Jimenez)
Magic: The Gathering Discuss and play the card game! (Brimley)
Math Girls Rock Join us if you love math! (McGrowder)
Model UN Learn and participate with model United Nations! (Smith)
National Honor Society Devoted to academics and leadership! (Wiederhold/Johns)
Photo Collective For those interested in cameras and picture taking! (Halverson)
Ping Pong Join if you want to learn or love to play! (Killion)
Polynesian/Island teens against Tobacco Help stop tobacco use! (Ah You)
PUPs Debate Learn the skill of debate – for PUPs! (Mcpherron)
Rock/Fossil Learn about rocks and fossils! (Robinson)
Soccer Tennis Play soccer indoors on the tennis court! (Ruggiano)
Speech/Debate Learn the skills of debate and speaking! (Ruggiano)
Star Trek A club for trekkies! (Murphy)
Thespian Interested in acting and drama?? (Bauer)
Triple G (Girls Got Game)  Just a club for friends   (Pritchett)

***During homecoming week students will have the opportunity to see what the clubs are about and join any that they want***